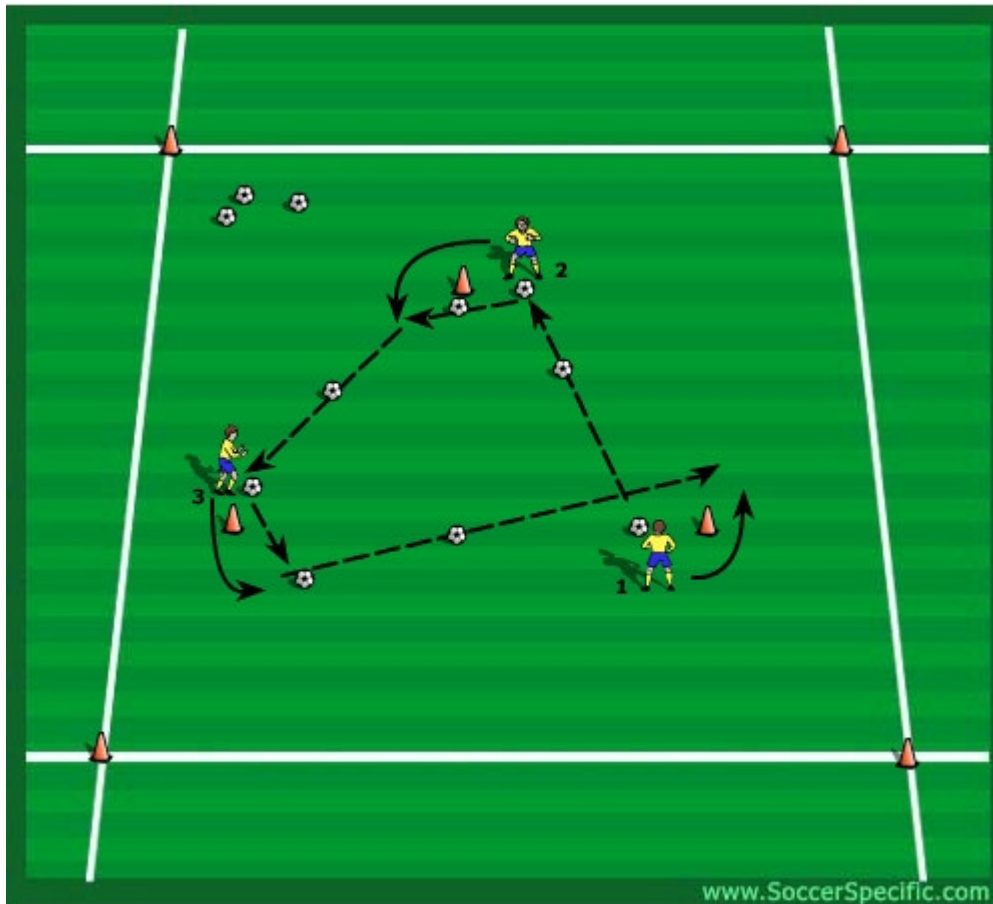


## Two Touch Angle Passing

**Emphasis:** Passing for accuracy and utilizing all aspects of the foot. Decision making and speed of thought.



### Set-up:

Groups of three to one ball. Grid size is a triangle of 7 to 15 yards depending on the skill level. Each group needs a few extra balls.

### Progression:

1. Players pass the ball to the other two players within their group in no certain order.
2. Example- Player #1 plays the ball to player #2 who receives the ball and in one touch plays the ball to the other side of the cone. Player #2 then runs around the opposite side of the cone as if to avoid a defender. With his second touch, player #2 plays it to player #3.
3. The process continues with players randomly picking who they play it to.
4. Player with the most successful attempts at the two touch exercise is the winner.
5. Coach can stipulate what part of the foot he wishes his player to receive or pass it with.

### Coaching Points:

- Improve communication between teammates
- Accuracy of passing
- Decision making
- Utilizes all surfaces of the foot