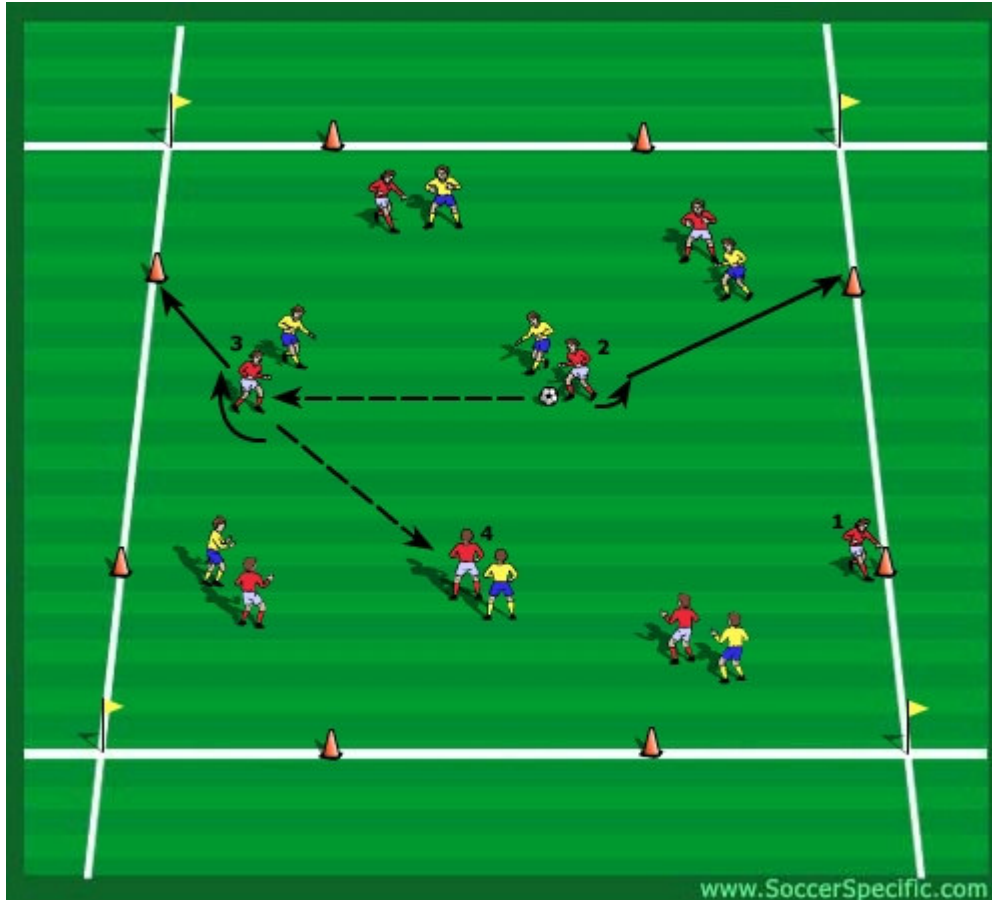


Beehive Soccer

Emphasis: Fun game! Teaches players to open up after they make a play on the ball.



Set-up:

Divide players into two equal teams. One ball is needed. Create a 20 x 20 yard grid with several cones.

Progression:

1. After players have made a play on the ball they must immediately turn and find the nearest cone and touch it before getting involved in the next play.
2. Example- Player #1 has already passed the ball and is bending down to touch a cone. Player #2 is playing the ball to player #3. As he passes the ball to player number #3 he must turn and sprint to find a cone. Player #3 then finds the next open player and so on.
3. This exercise can be played as a possession exercise in a grided area or played as a scrimmage with goals. Open the area up to accommodate the numbers.

Coaching Points:

- Improve communication between teammates
- Accuracy of passing
- Decision making
- Recognition to create space for other teammates
- Possess the ball
- Defend
- Angles of support
- Movement on and off the ball