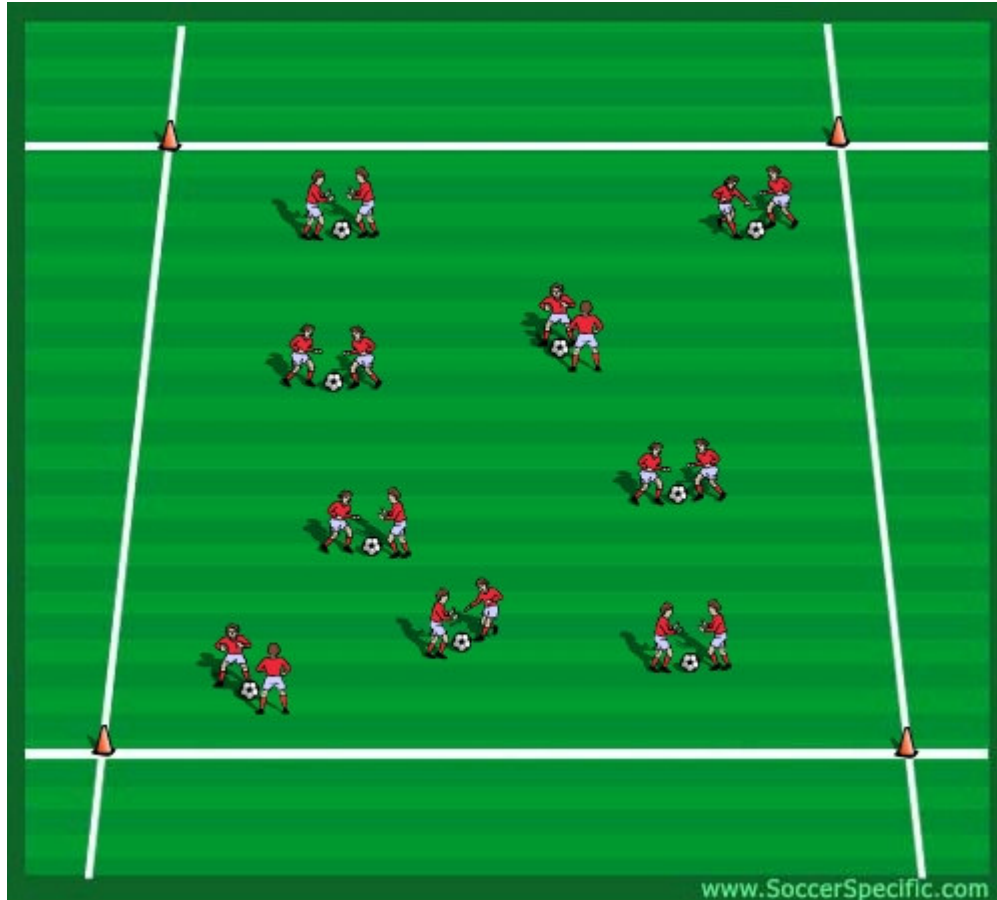


## Roe-Sham-Bo

**Emphasis:** Fun game! Speed of thought and quick reactions.



### Set-up:

Two players form a pair. Each pair has one ball.

### Progression:

1. Each player within his pair counts out loud ROE, SHAM, BO or 1, 2, 3. At the end each player throws down their hand in a symbol of a clenched fist for rock; two fingers for scissors; and open palm for paper. Rock beats scissors, scissors beat paper and paper beats rock. It must be done quickly and with both players standing within a foot of the ball. If each player throws the same symbol then it's a wash.
2. Once a pair has figured out which player with has won, that player has three seconds to try and hit his partner with the ball. If he misses then no points are awarded.
3. The first player to hit his partner three times wins.
4. Put winners with winners of other groups and losers with losers and find a champion.

### Coaching Points:

- Agility
- Vision
- Reaction time
- Cheeky little flicks with the ball