



Drill Name: 1v1 Attack & Shoot

Set up :

Dribbling, Turning, & Finishing to 2 Goals.

2 Teams set up on opposite sides of a 15 x 30 area with 2 goals & Goalkeepers setup as shown.

Instructions:

Defending player initiates play with a pass to an Attacker. The Attacker receives & tries to score in either goal.

Coaching Points:

Pace & accuracy of pass, 1st touch control, See the ball & the player, Change of direction & speed