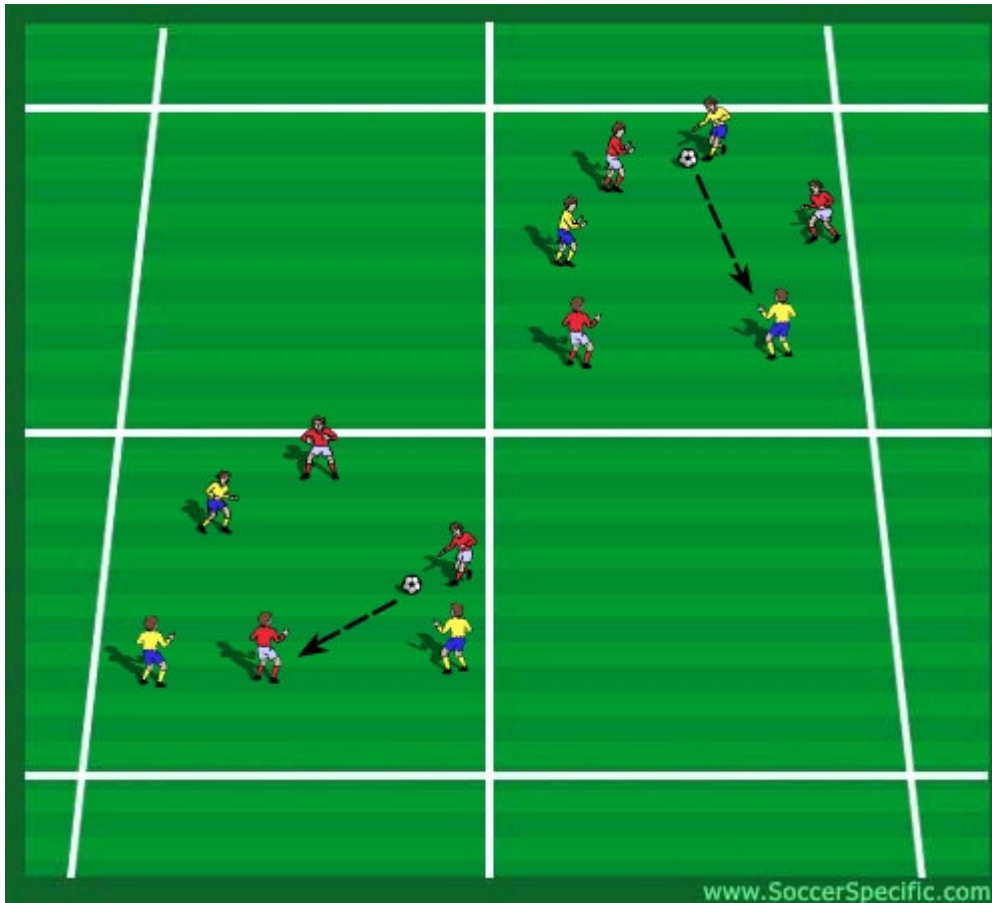


3 V 3 Possession Play

Emphasis: Passing & Receiving



Set-up:

20 x 20 yard grid. Six players per grid with one ball per group. Repeat set-up to accommodate entire team. Two sets of colored bibs.

Objective:

The game is played in a 3v3 format. Players try to maintain possession of the ball by constant passing and moving. 1 point is awarded for 5 successful passes. Play for a designated number of goals or for a predetermined time.

Progressions:

1. Play 2-touch.

Coaching Points:

- Constant movement.
- Communication is vital.
- Angles of support to receive ball.
- Pass must have appropriate weight to ensure that teammate can deal with it.