

## Take a Chance

**Emphasis:** Dribbling for Possession and Penetration



### **Set-up:**

20 x 30 yard grid with an area 4-5 yards wide designated as an end-zone (marked with cones). 6 players. Two sets of colored bibs. Flags to create mini goals at each end. Repeat set-up to accommodate entire team of 18 players.

### **Objective:**

3 v 3. One player is designated as a goalkeeper. Only the goalkeeper can use his hands in the end-zone. The goalkeeper must leave the end-zone to become an outfield player when his team is in possession of the ball. Players should try to dribble to create goal-scoring opportunities.

### **Progressions:**

Award 3 points for a goal, 2 for beating an opponent and 1 for turning on an opponent.

### **Coaching Points:**

- Take defenders on!
- Use feints, deception to elude defenders.